

Mandarin

CITRUS RETICULATA

Mandarin essential oil, extracted from the peel of ripe mandarin oranges, has a sweet, citrusy aroma that is known for its uplifting and calming properties in aromatherapy practices.

COUNTRY OF ORIGIN

Italy

EXTRACTION METHOD

Cold Pressed

PLANT PART

Peels and Rind

BOTANICAL FAMILY

Rutaceae

CHEMICAL FAMILY

a-thujone, a-pinene, camphene, sabinene, b-pinene, myrcene, limonene, γ-terpinolene, linalool, citronellal, terpinen-4-ol, nerol, geranial

AROMA

Sweet & Tart

NOTE

Top

SAFETY

- May cause dermal irritation or sensitization reaction.
- Do not use it in the bath.
- Safe to use during pregnancy, however, use at a 1% dilution or less.
- Safe to use with children, but never in the bath or undiluted.
- It may be phototoxic, and avoiding exposure to the sun after application to the skin is suggested.
- Dilute well before use; for external use only.
- Contact with eyes should be avoided.

THERAPEUTIC PROPERTIES

Mandarin essential oil is renowned for its therapeutic properties, including its gentle sedative, relaxation-promoting properties, alleviating stress and anxiety, aiding digestion, supporting healthy skin, and boosting mood and energy levels.

ANTISPASMODIC	CARMINATIVE	CHOLAGOGUE
DEPURATIVE	DIGESTIVE	DIURETIC
SEDATIVE	RELAXANT	ANTISEPTIC
MOOD ENHANCER	SKIN TONIC	ANTIOXIDANT
IMMUNE BOOSTER	CIRCULATORY	RELAXING
SKIN ENHANCING	STRESS-RELIEVER	

BODY SYSTEMS

CIRCULATORY

N/A

DIGESTIVE

RELIEVES DIGESTIVE DISCOMFORT AND STIMULATE HEALTHY DIGESTION. ALLEVIATES NAUSEA.

INTEGUMENTARY

PROMOTES HEALING AS A SCAR TREATMENT. REDUCES THE APPEARANCE OF STRETCH MARKS.

LYMPHATIC

DETOX

NERVOUS

SOOTHING AND CALMING.



BODY SYSTEMS CONT

ENDOCRINE

N/A

IMMUNE

DIGESTIVE AID AND STIMULATE HEALTHY DIGESTION. WARDS OFF INFECTIONS. NATURAL DISINFECTANT FOR SURFACES TO HELP PREVENT THE SPREAD OF GERMS.

LIMBIC

N/A

MUSCULAR

RELIEVES TENSION AND PROMOTES RELAXATION. REDUCES INFLAMMATION AND EASES DISCOMFORT.

URINARY

N/A

REPRODUCTIVE

N/A

RESPIRATORY

HELP CLEAR CONGESTION AND SUPPORT RESPIRATORY HEALTH. ALLEVIATE SYMPTOMS OF COLDS AND FLU.

SKELETAL

REDUCES INFLAMMATION AND DISCOMFORT.