



## ASSIGNMENTS REQUIRED FOR AROMATHERAPY TEACHER TRAINING

The following activities must be submitted to your instructor for grading.

### Activity: Evaluating The Learning Style Questionnaire

1. List elements of the course with different types of learning styles.
2. Make a list of styles you would incorporate.

### Activity: One Minute Teaching Lecture

1. Choose a teaching method.
2. Practice your chosen method in front of others.
3. Record a few minutes of the presentation.

### Activity: Class Themes

1. Choose a theme to submit.

### Activity: Ice Breakers

1. List five ice breaker ideas & games for class.
2. Include instructions on how to play or implement.

### Activity: Products To Make

1. Choose a theme and products for your class.

### Activity: Choosing Essential Oils to Teach

1. List the essential oils you will be using in your class based on your theme.

### Activity: Class Supplies

1. Download the supplies list form and fill in all the supplies you will need to take with you to do your class.



## ASSIGNMENTS REQUIRED FOR AROMATHERAPY TEACHER TRAINING

The following activities must be submitted to your instructor for grading.

### Activity: Class Handouts

1. Create and submit the handouts you will use in your class.

### Activity: Blending Project Ideas

1. Submit a theme and blending project you want to use for your first class.

### Activity: Finding Recipes

1. Gather several recipes to use for your class.
2. Download the form and fill it in with the product recipe(s) you will use for the class.

### Activity: Teaching Essential Oil Safety

1. Download the Teacher's Script PDF and fill in your "scripted answers" for the prompts provided.

### Activity: Make a Lotion Blend Script

1. Download the Teacher's Script PDF and fill in your "scripted answers" for the prompts provided.

### Activity: Sample Class Outlines

1. Download the class outline PDF.
2. Fill in for your class and submit.