

## SELF-STUDY WEEKLY SCHEDULE

WEEK	MODULE/LESSON	ACTIVITIES	ASSIGNMENTS
Week 1	Module One	None	None
Week 2	Module Two	None	None
Week 3	Module Three Lesson 1-4	None	None
Week 4	Module Three Lesson 5-8	None	None
Week 4	Module Four Lessons 1-7	None	Aromatic Honey
Week 5	Module Four Lessons 8-12	Organoleptic Test	Make a Bath Salts
Week 6	Module Five Lessons 1-6	Organoleptic Test	None
Week 7	Module Five Lessons 7-12	None	Make a Facial Toner Make a Nerve Compress
Week 8	Module Six Lessons 1-3	Organoleptic Test	None
Week 10	Module Six Lessons 3-6	None	Make an Arthritic Blend

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WEEK	MODULE/LESSON	ACTIVITIES	ASSIGNMENTS
Week 11	Module Seven Lessons 1-5	Organoleptic Test	Make Cough Drops
Week 12	Module Seven Lessons 6-10	None	Make Cough Syrup Make a Belly Balm
Week 13	Module Eight Lessons 1-5	Organoleptic Test	Make a Capsule Blend
Week 14	Module Eight Lessons 6-10	None	Make Immune Gummies Make a Detox Wrap
Week 15	Module Nine Lesson 1-5	None	Make a Sitz Bath
Week 16	Module Nine Lessons 6-9	None	Make a Pessary/Suppository
Week 17	Module Ten Lessons 1-5	None	Case Studies
Week 18	Reference Materials	None	Case Studies (cont.) Research Paper