

Basil

Ocimum basilicum 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade™

Application: A T I N

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Warm, spicy, herbal

Main Chemical Components: Linalool, 1,8-cineole (eucalyptol), bergamotene

PRIMARY BENEFITS

- May help keep skin looking clean, clear, and healthy
- Aromatic use helps create a calm, relaxed environment
- Supports nervous system health when consumed internally*

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Ocimum basilicum 15 mL

Part Number: 30010001

Wholesale: \$28.00

Retail: \$37.33

PV: 28



PRODUCT DESCRIPTION

Basil has a warm, spicy, yet herbal aroma known for its use in cooking throughout the world. Basil also provides great benefits due to its high linalool content. Cooling to the skin, Basil is an ideal essential oil for use in an uplifting aromatic massage. It is also known to help skin look clean, clear, and healthy when applied topically.

USES

- Diffuse as a part of your study or work routine.
- Combine with Geranium and Wild Orange essential oils, for an uplifting aromatic massage.
- Add to your favorite Italian dishes for a refreshing taste.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in four fluid ounces of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.