



DYNAMIC TAEKWONDO

CLASS SCHEDULE - DUNDAS

<Effective January 1, 2026>

905-277-5425 / WWW.CANADATKD.COM / 1590 DUNDAS ST. EAST, UNIT 206

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>4:20 - 5:00</u> ~ JUNIOR ~ WHITE TO YELLOW	<u>4:20 - 4:50</u> ~TIGER TOTS~ Age 4 & 5	<u>4:20 - 5:00</u> ~ JUNIOR ~ GREEN ST TO BLUE ST	<u>4:20 - 4:50</u> ~TIGER TOTS~ Age 4 & 5	<u>4:20 - 5:00</u> ~ JUNIOR ~ WHITE TO YELLOW	<u>9:30 - 10:10</u> ~ JUNIOR ~ WHITE TO YELLOW
<u>5:00 - 5:30</u> ~TIGER TOTS~ Age 4 & 5	<u>4:50 - 5:30</u> ~ JUNIOR ~ BLUE TO RED	<u>5:00 - 5:40</u> ~ JUNIOR ~ BLACK ST TO BLACK	<u>4:50 - 5:30</u> ~ JUNIOR ~ BLUE TO RED	<u>5:00 - 5:30</u> ~TIGER TOTS~ Age 4 & 5	<u>10:10 - 10:40</u> ~TIGER TOTS~ Age 4 & 5
<u>5:30 - 6:10</u> ~ JUNIOR ~ GREEN ST TO BLUE ST	<u>5:30 - 6:10</u> ~ JUNIOR ~ WHITE TO YELLOW	<u>5:40 - 6:10</u> ~TIGER TOTS~ Age 4 & 5	<u>5:30 - 6:10</u> ~ JUNIOR ~ WHITE TO YELLOW	<u>5:30 - 6:10</u> ~ JUNIOR ~ GREEN ST TO BLUE ST	<u>10:40 - 11:20</u> ~ JUNIOR ~ GREEN ST TO BLUE ST
<u>6:10 - 6:50</u> ~ JUNIOR ~ BLUE TO RED	<u>6:10 - 6:50</u> ~ JUNIOR ~ BLACK ST TO BLACK	<u>6:10 - 6:50</u> ~ JUNIOR ~ WHITE TO YELLOW	<u>6:10 - 6:50</u> ~ JUNIOR ~ BLACK ST TO BLACK	<u>6:10 - 6:50</u> ~ JUNIOR ~ BLUE TO RED	<u>11:20 - 12:00</u> ~ JUNIOR ~ BLUE TO RED
<u>6:50 - 7:30</u> ~ JUNIOR ~ BLACK ST TO BLACK	<u>6:50 - 7:30</u> ~ JUNIOR ~ GREEN ST TO BLUE ST	<u>6:50 - 7:30</u> ~ JUNIOR ~ BLUE TO RED	<u>6:50 - 7:30</u> ~ JUNIOR ~ GREEN ST TO BLUE ST	<u>6:50 - 7:30</u> ~ JUNIOR ~ BLACK ST TO BLACK	<u>12:00 - 12:40</u> ~ JUNIOR ~ BLACK ST TO BLACK
<u>7:30 - 8:30</u> TEENS & ADULTS ALL BELTS	<u>7:30 - 8:30</u> TEENS & ADULTS ALL BELTS	<u>7:30 - 8:30</u> TEENS & ADULTS ALL BELTS	<u>7:30 - 8:30</u> TEENS & ADULTS ALL BELTS	<u>7:30 - 8:30</u> TEENS & ADULTS ALL BELTS	<u>12:40 - 1:30</u> TEENS & ADULTS ALL BELTS

※ DOWNLOAD 'ZEN PLANNER MEMBER APP' TO RESERVE AND CHECK-IN TO THE CLASSES.

※ Because we provide flexibility to attend any classes throughout the week,
unused classes during that week CANNOT be transferred to other weeks.

※ Please visit office for further information.

1:40 - 3:00
TEAM DYNAMIX
(INVITATION ONLY)